

# 143. TRACT

Psalm 102

(†Flex) T. 1a

1. a O Lord, hear my prayer, and let my cry come unto (†you.)  
Do not turn your face a - way from me;  
b\* On each day that I call up - on you,

2. a For my days pass a - way like smoke,  
b\* I am smitten like grass, and my heart is with - ered;

3. O Lord you will arise and have pit - y on Si - on,

1. a in the day of my distress, lend me your ear.  
b\* make haste to hear me.

2. a and my bones burn as if in a fur - nace.  
b\* I have forgotten e - ven to eat my bread.

3. for the time has come to have mer - cy on her.

\* Alternate SATB setting: "b" part of verses 1-2

1b. On each day that I call up - on you, \_\_\_\_\_ make haste to help me.  
2b. I am smitten like grass, and my heart is withered; I have forgotten even to eat my bread.

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*For the congregation:*

1. a. O Lord, hear my prayer, and let my cry come unto you.  
Do not turn your face away from me. |  
in the day of my distress, lend me your ear.
- b\* On each day that I call upon you, I make haste to hear me.
2. a. For my days pass away like smoke, I and my bones burn as if in a furnace.
- b.\* I am smitten like grass, and my heart is withered; |  
I have forgotten even to eat my bread.
3. O Lord, you will arise and have pity of Sion, | for the time has come to have mercy on me.

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GOSPEL ACCLAMATION: See #127, v. for Palm Sunday and Good Friday, or GRADUAL: See #128