

# 255a. Introit

*Psalm 55 (54): 23*

*May be sung in SATB*

based on *Munich*, Meiningen, 1693

adapted after Felix Mendelssohn, 1809-1847

Cast your cares up - on the Lord, and he will sus-tain you.

*Psalm 55 (54): 17-20, 2*

T. 5; additional music, BMP

When I cried out to the Lord,  
He who was before the beginning of the world

he heeded my call a - gainst my as - sail - ants.  
and who endures for ev - er has hum - bled them.

*May be sung in SATB*

Hear my prayer, O God, and despise not my sup - pli - cation;

be at - ten - tive to me and hear me. *R*